

AURORA

FIGHTER'S CORNER

I'm back and school is over!

Spring:

a time to stretch, feel the warm sun on your face and sneeze!

However, for those of us in the SCA, it is also a time to come out of indoor fighting hibernation, and for some it signals the beginning of the tourney and war season. Personally I have always enjoyed this season, as it is a time to renew friendships, challenges & stories with fighters from other lands. It is also a time to gauge my ability and training techniques against fighters from outside of our area.

This season will be special as I have been away in the East Kingdom during the past year, and I look forward to meeting old friends. Within my articles, I try to convey the pure enjoyment and excitement I experience.

After eight years of fighting I can honestly say that it grows with each additional year - if it did not, I would not be writing this article today! Why? The other night I asked myself the big question; why do I enjoy fighting so much? Well, the answer is

not what you'd expect. It is not the friendships, the challenge, the chivalry; rather it is the quality training I received from Magnus Eriksson and Edward de Wolfe in my first two years, and subsequent training in more recent years. Because I am confident and comfortable with my abilities, it has allowed great friendships, exciting challenges and a belief in chivalry to grow. If I had not received the proper training, I would have remained scared, probably been hurt, most definitely become frustrated and quit! - resulting in not enjoying fighting.

SCA fighting can be very technical - you should learn from an experienced source. Whether you aspire to be a Sargeant, a Knight, or simply want to enjoy the sport, you should learn the basics, and must meet all safety requirements. For you aspiring fighters within the Barony, there are many knowledgeable teachers with many years of experience at your disposal. Use them.

So learn, be safe and enjoy.

SGT. EDWARD BOLDEN

SENESCHAL'S GRIPE

All I'll say is that the reports which I DID get were very good, very thoughtful. Thank you! Cennet ap Liangollen would like to announce that he is stepping down as Baronial & Sciences Officer - ANYONE interested in applying should speak/write to either Cennet or myself. You must have an interest in

medieval Arts & Sciences, be willing to promote them within the Barony through contests and classes [you don't have to teach them - just organize them], & make an effort to find talent, direct people to others able to further aid/encourage them. As Baronial Officer, you are also responsible for organizing the Annual

DEADLINE FOR July ISSUE:

June 15, 1991

Have all information, submissions, ect. to me BEFORE the above date.

Send To:

MAGNUS

9340-85 St.

Edmonton AB

T6C 3C8

Arts & Sciences Pentathlon and Novice Triathlon. You MUST REPORT 4 TIMES PER YEAR - to me (also to Kingdom Officer). If all this hasn't left you quaking in your space boots, let me know. We need a committed person in this job - which is not necessarily someone who's won every contest in the region. I would like to see this position filled by August.

REMINDERS: Brian will be needing support again for the Camrose Fair demo - he is very busy right now seeding, but hopefully we will have more details soon. I know we talked about a "living museum" approach at Winter War - put your thinking caps on! We will still need bodies for fighting demos as well. [Aug 10-11]. A quillon will need bodies for their annual Fringe demo [Aug 17-18]. I assume that Catherine of the Rowan Tree will be coordinating it again this year - please correct me if I'm wrong. Best wishes for anyone venturing to the Regional War Games and Tournament!

ONE LAST REMINDER: if you have a problem with an officer's performance, TALK TO ME FIRST. It is my job.

Yours truly, Erna the Hag

COOKING WITH ERNA

(ACTUALLY LADY ELEANORA FITZ JOHN)

Peaches are one of my favorite fruits. Oh the bliss of sweet peach juice running down one's face, under a hot summer sun; the bees hum, the humid kitchen where jars of peach marmalade (paper thin slices of orange & lemon, suspended in glowing peachness) are prepared for future cold days, when a peach buzz will be a faint memory.

If you find the modern peach (built for durability) a poor imitation of childhood memories, try this:

pick the most perfect peaches you can from the bins, and carefully (no bruises!) place them in a bag with a ripe tomato.

Leave at room temperature for a day or two [watch for spoilage] - voila - the gases released by the tomato aid

in ripening the peaches. It's not always guaranteed, but it can be dramatic.

After growing up in peach country, it's hard to reconcoile one's self to it.

Another peach trick:

drop them in boiling water for 10 seconds, then immerse in cold water - the skins should slide off. This works well for tomatoes, too.

This month **Lady Eleanora fitz John** has donated a pie recipe guaranteed to exhalt the best of both worlds: peaches and cream! It is sooooo easy, and to drool for!!!

The Fitz John Peaches & Cream Pie

You will need about 7 - 9 peaches.

Make a 9" pie shell.

Put about 1 tbsp. of tapioca in the

bottom of the pie shell.

Peel & slice peaches into shell until it is half full.

[SUGAR MIXTURE: about 1 cup sugar & 3 tbsp tapioca]

Put 1/2 of the sugar mixture on the peaches.

Finish slicing peaches into the shell.

Top with remaining sugar mixture.

Pour whipping cream over peaches (not too full or it will boil over).

Sprinkle cinnamon on top.

Bake at 350 for 1 to 1 1/4 hrs.

Serve warm or cold.

BARONIAL OFFICERS LIST

BARON AND BARONESS His Excellency, Baron Sir Conrad von Graz and Her Excellency, Baroness Christona of Ulidia..Wilf and Christine Backhaus 6607 - EnevoldDrive Camrose, AB T4V 3J7 Phone: 672 - 3795

BARONIAL SENESCHAL Her Ladyship, Erna Kajadotter..Karin Thirlwell 10670 - 9340 - 85 st. Edmonton, AB T6C 3C8 Phone: 469-9052

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MASTER OF ARTS His Lordship, Sgt. Cennet ap Liangollen Ken Reader Box 765, 4308 - 48 St. Beaumont, AB T0C 0H0 Phone: 929-2054

MASTER OF SCIENCE (See Above)

CHIRURGEON (See Baronial Archer)

CONSTABLE Lord Haakon Draken Chris Argall 6352 - 10 Ave. Edmonton, AB T6L 5S2 Phone: 461-8502

MASTER(MISTRESS) OF THE LISTS (Insert HERE)

GOLD KEY Anne of Montengarde Anne Robertson Simms 143 Marlborough Place, Edmonton, AB T5T 1Y6 Phone: 481-5473

CHATELAINE Her Ladyship, Sigrít Rabenfelds Chris Argall 6352 - 10 Ave. Edmonton, AB T6L 5S2 Phone: 461-8502

REGIONAL CHAMPIONS TOURNEY

AVACAL REGIONAL CHAMPIONS TOURNEY AND WAR GAMES

JUNE 29 & 30, 1991

This annual event will be hosted on this occasion by the Shires of Myrgan Wood and Valley Wold and the incipient Shire of Seglehundas. This will be the first time the event has been held outside Alberta.

The proposed site is on a private ranch adjacent to the Cypress Hills Provincial Park, 15 miles south of Maple Creek, Sask. The site is 3 to 4 hours drive from the hosting branches, Wyndwyrn and Montengarde. For Bitter End and points in Borealis it will be 5 to 7 hours drive. The Cypress Hills are the most scenic area of Saskatchewan.

The ranch which has been

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Weekly Meetings in Aquilon are held on Wednesday nights 8:00 pm in room #034, in the Student's Union Building at the University of Alberta.

recommended to us is also used at times for a local rodeo. Our camping site is undeveloped and will be very much like camping at Clinton War.

There is extensive rolling pasture, dense trees and a creek. Our site will be secluded from the public, yet easily accessible with vehicles. We will need to rent toilets and either haul water or use the creek [ed.note - bring your own water!].

It is doubtful that open fires will be allowed. The outline of the schedule is as follows:

SATURDAY:

Authorizations, Regional Champion's Tourney for Heavies, Regional Archer's Champion's Tourney, pick-up battles for non-entrants. Fencing lists. Also lthra classes to be organized.

SATURDAY EVENING:

Investiture of the new Regional Champions and some sort of celebration in the form of either a feast, tavern or both. Free form partying.

SUNDAY:

War scenarios for both heavies and lights. Perhaps more lthra classes &/or other diversions.

MONDAY:

wake up and clean up every scrap of refuse before wandering home.

The Shire of Valley Wold is responsible for setting up and organizing the Champion's Tourney. If you can assist as a Marshal, Herald, List person, pack slave, etc. please contact :

Tourney Autocrat: Edward de Wolfe (mka Wilf Gayleard), P.O. Box

1902, Moose Jaw, Sask., S6H 7N6.
(306)693-9705

Archery and Security: Thorkell Ranulfsson (mka Lyle C. Frost), 2 Melville Ave, Regina, Sask. S4T 7H6.
(306)775-1239.

Fencing: Raoul Derochier (mka Duane Walker), #212-403 Tait Court, Saskatoon, Sask. S7H 5L3
(306)955-8852.

lthra classes will be organized by: Mistress Laurel of the University of lthra. Please contact her if you have a suggestion regarding classes you'd like to take.

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CANTON SENESCHALS

AQUILON - Ulf Ingbrandsson Daryl Haaland 7308 -152 A AVE
Edmonton, AB T6C 2Z4
Phone: 476 - 6468

SCHWANSTEIN - Lord Brian von Schawanstein Brian L. Nelson R.F.
#1 Ohaton, AB T0B 3P0 Phone:
672 - 6374

LAKELAND - Massuke-No-Tasashi Matsu Greg Dorrington #36, 5612 - 53 Ave. Grand Centre, AB
T0A 1T1 Phone: 594 - 2510

BORDER GATE - William the Boisterous Mark Henry 302 I, 3007-56 ave. Lloydminster, Alberta,
T9V 1Z6 Phone:

REGIONAL CHAMPION'S TOURNEY

continued from page 3.

CHIEF AUTOCRAT:

The Shire of Myrgan Wood is the sponsoring branch and will be responsible for everything else until it gets delegated.

Site and War Autocrat: Geofry of Cyrttenham (mka Kim Tipper), 2908 - 14th St. East, Sask. S7H 0S1, res.(306)374-8126, bus.(306)343-7400, FAX:343-7402.

Please volunteer; we will need everyone's help. If you are bringing horses or other animals, please notify the autocrat. Vikings are OK.

DIRECTIONS:

Take your best route to Maple Creek, Sask. Drive 18 miles south on Highway #21 until you come to the sign for Cypress Hill Park. Turn East and drive 1 mile. This will bring you to the ranch owned by Glen Bowles. The entrance will be marked with SCA signs. If you miss the ranch, you will be at the Provincial park gate in another mile.

CALENDAR

- April 6 ----- Spring fair - Aquilon
 April 20 ----- Silverarrow Tourney - Bitter End
 May 25 & 26 ----- Glacier War - Montengarde/Wastkeep
 May 25 & 26 ----- Border War - Border Gate
 June 8 & 9 ----- Borealis Sgt's Tourney
 June 15 ----- Dragon Slayer Tourney - Montengarde
 June 29 to July 1 ----- Regional Tourney
 Aug 3 to 5 ----- Clinton War
 Aug 10 & 11 ----- Camrose Fair
 Aug 17 & 18 ----- Fringe Demo