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The <u>Aurora Borealis</u>
Box 159
Gibbons, AB TOA 1NO

The <u>Aurora</u> deadline for Event Copy, Art, and Articles is the 15th of every month for printing in the following month's issue.

Please send all submissions to the editor.

Aurora

April, A.S. XXIX



Baronial Calendar

APRIL

1	Avacal Arts & Sciences (Museum Demo, no event	Myrganwood Veraquilon)	
5	Capilano Dance Hall Medieval Weaponry	Veraquilon Lakeland	
12	Business Meeting Costuming (supplies need	Veraquilon ed) Lakelands	
19	Music Night	Lakelands	
26	Persona Development	Lakelands	
	May		
3	Capilano Dance Hall How to Camp Medieval Sty	Veraquilon le Lakelands	

- 10 Business Meeting Veraquilon Brewing Mysteries (supplies needed)
- Lakelands
- <u>*</u> Lakelands weekly meetings are held in the Grand Centre Public Library unless otherwise noted.

The submission deadline for the May issue of the <u>Aurora</u> is April 15th. The publishing and distribution date will be April 26th.

The <u>Aurora</u> is available for \$16 per annum (12 issues). All cheques and money orders are to be made payable to:

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MINISTER

currently vacant

OF ARTS

& SCIENCES

Canton of Veraguilon Weekly meetings are held on Wednesday evenings at 8:30 pm in Education North, Room 4-110 at the U of A. All Gentles attending meetings are requested to wear Period Attire (or reasonable attempt thereof) with the exception being Council Meetings.

Canton of Lakelands Fight Practices each Tuesday evening, 7:00pm at Assumption High School. Contact Alfheim 594-1083 Classes on various topics take place each Wednesday evening, 7:00pm. see calender for topics and locations.

The Blacksheep Guild (fibreworkers guild) meets every Teusday night at 7pm at HL Erna Kajadottor's. Call HL Erna at 449-1593 for more info and directions to her place in Sherwood Park.

The Roger de Cote School of Fence is hereby canceled until futher notice, by order of the Veraquilon Seneschal and Master of Stables, as directed by Kingdom Earl Marshall of An-Tir Edward Bolden.

Canton of VerAquilon Fighter Practice Please do not hesitate to contact Lord Otto Gruber @ 468-6783 for more information.

Dance Practise is held every second Monday in the Dimwoodie Lounge, in SUB, at the U of A, from 7:30pm until 10pm. Those wishing more information are requested to contact Mordecai Saltzer (Rick Slansky) at 435-2051.

The Groaning Board meets monthly to research and plan for our thrice-yearly feasts. It is our mandate to provide an opportunity for developing excellence in period culinary arts. as well as the science of planning events and autocratting them. If you share our interest, we welcome you. We have a structure for advancement and recognition of the attainment of our goals, based on the period guild system. For more information regarding meeting times and place, phone HL Eleanora fitz John (mka Leeanna Ryan) 449-6834

NOTES FROM THE NORTH

Greetings form the Northern canton of borealis to the Southern Canton of borealis! that area of land which you know (knew) as Lakeland, Northkeep, Wolfkeep, Schaffenstein, Alfheimland, VerVerAquilon, Noname, has yet again a new name. Yes, we are again attempting to convince the Kingdom Heralds to give us a name; we are now tentatively known as the Canton of Stone Wolf. Yaaaahh! We even have a mascot, kindly donated by HL Mary of Richmond Hill and Alton of Harlow House.

We are having a very active year, with fight practises running every Tuesday, classes every Wednesday, and the odd tavern night (when we can fit it into the schedule). If you are in the area, or are interested in coming to visit, let someone know. We love to entertain, especially fellow members of the greatest Barony in the Knowne World.

We now have approximately 33 active adult members (approximately 18 paid), and approximately 9 very active children. There are probably many faces here that you won't recognize. It seems like every event / tavern night, and lately one out of four classes / practices has a new member. We're excited!

The past few months have seen a number of demos done for mundane groups, even some requests for demos that we've had to turn down due to a lack of time. An upcoming one on April 8th involves our local library. We have offered to put on a medieval feast for them, at no charge, for up to two hundred people. The profits would go directly to the library, for purchase of books, and they have agreed that 50% of those be medieval books for our use. It is an excellent opportunity for us to expand our resources, and to promote the SCA.

Best wishes from our Canton, (the greatest in the Knowne World!), to yours (second only to us!).

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Adeline and Alfheim SCHEDULE OF EVENTS 1995 (tentative)

April 1	Myrganwood (Avacal Tier I) CP Arts & Science Pentathalon			
April 8	Lakeland demo, no event			
April 15	Fight Class, Windwyrm (His Excellency)			
April 16	Museum demo, Veraquilon			
May 13	Serjeants, Myrganwood			
June 3	Quad war, Bordergate(Avacal Tier I)			
June 10	Uprising War, Principality of Artemesia			
June 24	Champion's Tourney, Cold Keep (Avacal Tier I)			
July 15	Coronation, Wealdsmere, (An Tir Tier I)			
Aug 5	Clinton War, LionsGate, (An Tir Tier I)			
Aug 12	Hinton demo, no event			
Aug 18-20	Baroness' War, Terra Pomeria (An Tir Tier I)			
Sept 1-4	Crown, Ramsgaard (An Tir Tier I)			
Sept 8-10	Avacal war vs. Artemesia; Artemesia			
Sept 16	Silverwolf, Veraquilon (Avacal T II)			
Oct 14	Serjeants' testing (Avacal T II)			
Oct 28	Bordergate Champions (Avacal T II)			
Nov 18	Lakeland Theme feast (Avacal T II)			
Dec 2	Jule Feast, Veraquilon (Avacal T I)			

May Day Tavern Promises Good Eating

The Groaning Board will be hosting a May Day social on 3 May 1995 at the Capilano Hall. Bring your friends and your appetites -- after all our specialty is food! Help us to celebrate May Day and Beltaine.

May 1 was known by several names -- May Day, Garland Day or Beltaine, and was a time for celebrating the end of a long winter, the return of the sun and the beginning of spring. Villagers would gather to dance around the May Pole (an ancient symbol of virility - you figure it out) which had been decorated with ribbons and greenery. Hawthorn blossoms were especially associated with May and the May Queen would be crowned with a wreath of hawthorn blossoms.

In earlier times, the Celts celebrated with the lighting of Beltaine fires to mark the return of the sun, and hang bunches of herbs on the doors of friends and loved ones to bring them good luck. The "May Lady" a garlanded figure set in the house, was presented with offerings of food and wine.

At the calends (first days) of Maie, the youthe aswell menne as women are wonte to go a maiying into the felds and bring home boughes and flowres to garnishe their houses and gates, and in some places the churches.

from De Rerum Inventoribus (1546)

Good food, good friends — and the end of winter. What more can you ask for? Well, we don't deliver, so you will have to come down to Capilano Hall. *The Groaning Board* promises to make it a night to remember.

Announcements:

The third wednesday of every month is now **Projects Night!** Bring your projects to work on, get advice where you have problems or just to do them in company. Show off your skills and brainstorm on other ideas.

House of Erna : Custom Design and Fashion

Erna would like to announce her costuming service. For an appropriate fee, she will construct garb to your specifications. Alterations also a speciality. For discreet inquiries, contact HL Erna at 449-1593

- Archery Practice at the residence of Joan the Just has been discontinued for the winter.
- Vacant Baronial positions must be filled. List Mistress, Water Bearer, Arts & Sciences. Those interested please send resumes to the Seneschal.
- -Attention: The Barony of Borealis is looking for a Steward. The position would be a deputy of the Chatelaine and responsible for keeping track of Baronial property such as regalia. Letters of application should be sent to their Excellencies, the Baron & Baroness, and to the Baronial Seneschal.
- Baronial Meeting will be held at Quad War on June 3, time to be arranged.
- **Bids** for SilverWolf champions tourney are required. Please contact the Baronial Seneschal.
- Letters of intent for Serjeants testing must be in by April 10. Contact Baroness Adelaine.

Mushy Heraldic Stuff

Good Gentles residing in the bounds of this Crown Principality. Sanguinaris Herald Reanna Wheatenfeld sends greetings.

My colleagues in the An Tir College of Heralds and I have bounced the idea of a HERALDIC ROAD SHOW around the discussion table. This Road Show would consist of Senior Heralds from Core coming to the lands of Avacal for the purposes of Boosting the Knowledge and Consumption of Heraldry in our SCA daily 'lives'.

The Heraldry would cover Field practices, Court practices, and Design practices as well as: Heraldic costume, how to's and examples; designing and Making Pennons, Gonfalons and Heraldic standards; and other ideas to improve panoply and pomp.

WOULD ANY ONE BE INTERESTED IN ATTENDING SUCH AN EVENT? Likely a Weekend in Ithra Format.

DOES ANYONE HAVE HERALDIC THEME CLASSES THEY WOULD LIKE TO SEE DONE?

There are some very knowledgeable and likeable people willing to travel a very long way, if you want them here!

SUCH AN EVENT CAN EVEN INCLUDE A TOURNEY AND FEAST. Field heralds need practise too!

Events of this sort have been successfully done elsewhere in An Tir? I ask you again. Is there enough interest to see it here?

Please comment on this. Please reprint as you wish in full. I need feedback.

Reanna

FROM THE CASTLE OF THE BARON AND BARONESS

As the new year draws closer, there are a number of things that we would like to implement:

- 1. We don't like the name Borealis; let's change it. Any Ideas?
- 2. Do we really want a newsletter?
- 3. All feasts will have at least 3 German Dishes
- 4. All of the populace will have at least 1 Germanic outfit and wear it to Silverwolf
- 5. All fighters will have blue and white marked knees
- 6. Fight practises should include at least 15 minutes of actual combat; the rest of the time can still be devoted to the practise of procrastination, "no sh-t, there I was.." stories, and breaks. (the 15 minutes is up from the old number of 10 minutes)
- 7. All dances at feasts must include at least one dance where the dancers are blindfolded, to show their skill
- 8. Any baronial member receiving awards from Kingdom should proudly accept, retreat 3 meters, spin three times and declare "I'm ectatic, elated, and proud to be from Borealis" (note, this will change once we've changed the name!)
- 9. The Baronial Arts and Sciences competition will include a category for "the cleanest armour, year round", to increase fighters' popularity
- 10. The new Baronial cheer shall be 'icky, icky, icky, icky, zing pa, zoom bah, mumble, mumble."

These changes will take effect on April 01, A.S. XXIX (1995), 11:59 pm; signed by our right minds hands,

Alfheim and Adelaine

- NOTICE TO THE POPULACE OF THE BARONY!

Yes, things are starting to simmer at the Alberta Provincial Museum, in anticipation of Spring-in-the-Middle. Last year, 14,700 people went through the exhibit. This year, the exhibit will run from March 25 to April 17, 1995. The Faire will be held on March 26. There are two sleepovers planned; March 31 and April 7. The feast, which is already sold out, will be held April 1st. The special theme will be a Landsknecht encampment - complete with campfollowers!

If you would like to volunteer, or have questions, ideas, or items to donate for the exhibit, please contact HL Erna Kajadotter. I will be attending the Canton of Veraquilon Business meetings for the months of January, February and March. Naturally, I can also be reached at home:

HL Erna Kajadotter
mka Karin Thirlwell
244 Regency Drive
Sherwood Park, AB
T8A 5P6

Phone: (403) 449-1593 (no calls after 9pm, please)
Yes, I have an answering machine.

- The Groaning Board has decided to release a list of their upcoming events, in order that participants may better prepare themselves (ie: making a special costume) if they so desire. These events will be held over the next couple of years. We encourage and appreciate any extra effort that quests make, and to that end, we will occasionally hold advance workshops if they are deemed helpful. Each event will include a free lecture (pertaining to the event theme), a period menu, special entertainment, and dancing. All reservations must be paid two weeks in advance of the event.

- I. German Hunting Lodge (c. 1400) (Held Feb 11,1995)
- II. Chaucer: an English tavern (c. 1350)
 (to be held June 10, 1995)
- III. Richard III: a Trial by his Peers (England, 1485)
- IV. Eleanor of Aquitaine and the Courts of Love (France, 1175)
- V. Midsummer's Eve: A Celebration (England, 1600)
- VI. Renaissance Masked Ball: All is Not What it Seems (Italy, 1460)
- VII. Don Quixote: Shades of Spain (1605)
- VIII. Hamlet: Something's Rotten in the State of Denmark! (Daneland, 1050)

Baroness Mistress Mistress Laurel's Once in a lifetime Spring Cleaning Sale; Hundreds of meters of material and trim, buckram, hats, glassware, jewelry, light sticks, games, costumes, curtains, photos, and much, much more. Start saving for this event today. Cash Sales today. Merchants table at DragonSlayer.

Aurora Cover and Art Contest

The populace is asked to design, draw and submit artwork for a permanent cover for the Aurora. The winning entry will be picked by popular vote at a future event in Borealis. Prizes will be awarded for the top entries. (Prizes have not be determined at this time, but will include a bottle of mead, and may include a bottle of Valgard's Brandy Plums). Non-winning entries will go into the pending art file and may be used as filler art in future issues, at the discretion of the Editors.

For further information contact the Chroniclers, Valgard and Edwina, at (403) 923-2864 (no calls after 10pm, please)

Apple Tart

Several people requested the recipe for the Apple-almond Tart served at the last Groaning Board Feast. Here it is!

Make your favourite crust for a double crust pie, or use the following one:

- 1 lb lard
- 4 1/2 cups flour (approximately)
- 1 tsp salt
- 1 egg
- 2 tbsp vinegar

water

(Break an egg into a 1 cup measuring cup. Beat with a fork. Add about 3/4 cup of water and the vinegar. Check to see if you have 1 cup of fluid. If not, add enough water to make 8 fluid oz. Put cup into freezer and leave until ice crystals form. Do <u>not</u> freeze too much, or the egg will separate.

Mix dry ingredients and lard, cutting lard into the flour. Add the fluid and stir until a ball forms. Do not over mix. Put dough on floured counter and finish it quickly. Over mixing make a tough dough. (I usually leave the dough overnight in the fridge. This helps the flour to absorb the fluid and makes the dough easier to roll out.) This will make enough dough for 4 - 5 pies, but then, you can never have too many pies.

Filling for Tart

1/2 cup butter

1/2 cup sugar

1 cup ground almonds

1 tbsp flour

1 egg

1/2 tsp almond extract

4 - 5 (approx) apples, peeled and sliced

2 tbsp sugar

cinnamon to taste

Cream butter and sugar. Stir in almonds, flour, egg and almond extract; spoon int crust. Top with apples and cinnamon and sprinkle with sugar. Bake in a pre-heated 400 F. oven for 10 minutes. Reduce heat to 350 F. and bake for another 35 to 45 minutes, or until done.

Enjoy

Eleanora

CROWN PRINCIPALITY OF AVACAL PROPOSED CALENDAR OF TIER ONE EVENTS FOR 1994

6 · · · · · · · · · · · · · · · · · · ·				
DATE	EVENT	HOSTING GROUP		
Jan. 8	**Kingdom Twelfth Night	Three Mountains		
Jan, 15	*Twelfth Night	Montengarde		
Feb. 5	Feast of the Evergreens	NorthKeep		
Feb. 19	Winter War	Borealis		
Mar. 12	*Spring Faire	Vereaquilon		
April 2	Norse Event	Myrganwood		
April 23	Silver Arrow Archery Tournament	Bitter End		
May 7-8	Murder and Mayhem on the Riveria	Loch Dorr		
May 21-23	**Crown Tournament	T.B.A.		
Jun. 11-12	Valley War	Valley Wold		
Jun. 25-26	*Champions Tourney alternate date?	T.B.A. Cold Keep		
Jul. 1-3	*Champions Tourney?/An Tir West?	1.8.∧ .		
Jul. 16-17	**Kingdom Coronation	T.B.A.		
Jul. 30-Aug. 1	Clinton War	Montengarde/Lion's Gate		
Aug. 27-28	*** tentative ****	Cold Keep		
Sept. 3-5	**Crown Tournament	IBA RAMEGERAL		
Sept. 24-25	Harvest Feast	Bitter End		
Oct. 1-2	Ithra	Loch Dorr		
Oct. 15-16	Anniversary Event	Myrganwood		
Oct 22-23	Grand Ithra	Montengarde		
Nov. 5-6	Ferret's Feast	Valley Wold		
Dec. 3-4	Saint Nicholas	Vereaquilon		
* indicate Crown Bringing By Synche				

^{*} indicate Crown Principality Events

Curia Meetings:

Will be held at Twelfth Night, Spring Faire, Champions Tourney, Harvest Feast (even though its not a Crown Principality event - but hey we need something later in the year) and St. Nicholas.

For Bid:

Contact Avacal Seneschale with any bid proposals

- Having Montengarde 12th night host the Crown Principality winter event is not set in stone. If there is someone who would like to put together a seperate event (in February) for the Principality, bids due Oct. 1.
- In the same vein, it is not necessary that the A&S and Rapier Championships be held at Spring Faire in Borealis. If your group would like to host the Championships some time around March, please send in a bid by November 1.
- The summer Champions' Tourney may have to be moved from the Canada Day weekend as the Kingdom has made noises that they don't like conflicts with AnTir/West war. Bids due Dec. 1.

NOTE: Bids don't have to be fancy, just a when, where, what facilities the site has (ie: can it support the event?), basic costs, how much are you looking at charging and that kind of thing

Greetings unto the Barony!

As you receive this newsletter, we should be on our way to the Avacal Arts and Sciences Pentathlon in the Barony of Myrganwood. We hope to see many of you there, but if you are not planning on going, please make an effort to help out at the Alberta Provincial Museum. If you want to know how you can help, contact Ladyship Irna at (403) 449-1593, or Sjt. Squire Edward at (403) 469-3561. We especially need fighters. Thank you very much to those of you who have already helped with this demo.

We would like to print an excerpt from the card sent by Baron Trajaearn, Baroness Janelyn of Madrone:

We are writing to thank you and your barony for your hospitality. We greatly enjoyed St. Nicholas' Feast, and it was great to see how different groups do things. We especially wish to extend our thanks through you for the kindness of your serjeants. Sjt. John McLeod opened his home to us; Yeoman Mordecai was gracious enough to get up very early Sunday morning to get us and Her Majesty to the airport, and Sjt. Cennet gave us a wonderful gift of two cloak clasps. their gracious effort reflect well upon your Barony.

We are so glad to see everyone having fun at events. But, along with having fun, there is the responsibility to play by the rules, even though you may not agree with them. The SCA does not have very many rules, but the most important one is COURTESY, and this means being courteous enough to follow the rules. It is one thing if you don't know what the rules are (for example, white, red blue belts, rowel spurs, certain types of medallions can only be worn by people who have been awarded that right), because the

^{**} indicate Kingdom Events

more you participate, the more you will learn; it is something else if you know what the rule is, but decide to ignore it - this is neither courteous, nor chivalric. If you don't want to play by the rules, why are you playing? (If you don't want to follow the rules to chess, you probably don't play it). If you don't like a certain rule, you can try to change it by talking to the people that have the power to do so.

WAR! WAR! WAR! The entire Crown Principality of Avacal is going to war. Quad War (as it is currently called) is scheduled for June 2-4 in the Shire of Bordergate (at a Wainwright site). Could this become as great as Clinton? Only you can make it happen! Come out and make the Barony of Borealis the victor over everyone else. We know we're the best! Now is our chance to prove it! It will be a great time! Look for the event copy (coming soon to a newsletter near you!) See you there. WAR! WAR! WAR! WAR!

Alfheim and Adelaine

You know you're in the SCA when...

- your kid gets a cardboard punch out castle and you take it away from him and put it together yourself.
- point out the flaws in the architecture.
- based on your assessment of the flaws in the architecture, figure out how you and your household could, hypothetically, capture it if it was a real castle.

SCA COMBAT RULES, (Section B.)

GENERAL

The basic rules for SCA combat are contained in the Rules of the Lists. These Rules, however, do not specifically cover non-tourney field activities such as wars, war archery, and rapier combat. In practice, the Rules have been extended to cover these activities, with the observance of honor and chivalry being the overriding element, along with the safety of the combatants. The following is intended to bring together the appropriate rule for conducting both tourney field combat and other SCA activities.

THE RULES OF THE LISTS & INTERPRETATIONS

The Rules of the Lists are reprinted from Appendix B of the Corpora of the SCA and the 1992 Society Marshals Handbook.

THE RULES OF THE LISTS OF THE SOCIETY FOR CREATIVE ANACHRONISM, INC.

Rule 8

Fighting with real weapons, whether fast or slow, is strictly forbidden at any Society event. This rule does not consider approved weaponry which meets the Society and Kingdom standards for traditional Society combat and/or Society period rapier combat, used in the context of mutual sport, to be real weaponry.

Ref. Rule 8: Since fighting with real weapons is forbidden at an Society event, threatening the use of such weapons is likewise expressly forbidden. At the discretion of the Sovereign and the Marshal in Charge, recognized experts may be permitted to present choreographed demonstrations with real weapons under strictly controlled conditions. Posing for still photographs with real weapons is permitted. No one may wear any real weapon onto the field while participating in combat or present during combat.