

A thought for June

“Awake, O North wind; and come, thou south; blow upon my garden;
that the spices there of may flow out. Let my beloved come into his
garden, and eat his pleasant fruits.”

Songs of Solomon

CHRONICLER SUBMISSION DEADLINE: 15th of every month

This is the **AURORA**, a publication of the Barony of Borealis, in Edmonton, AB: a branch of the Society for Creative Anachronism, Inc. (SCA). The **AURORA** is not a corporate publication of the SCA and does not delineate SCA policies.

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ASCA, Barony of Borealis

THE AURORA

June, AS XXXIII
(1999)



BARONY OF BOREALIS

**BOREALIS BARONIAL CALENDARS
(STANDING)**

Canton of Stonewoff

(Cold Lake, Grand Centre and Area)

Weekly topic meetings are held every Thursday at 1900 hrs in the Grand Centre Library. The fighter practices are held weekly every Tuesday at 1930 hrs in the Assumption School in Grand Centre. Armouring is held every Sunday afternoon at Safe Haven, as weather permits. All inquiries should be directed to 826-6871. **WARNING:** Impromptu fight practices may break out spontaneously after armouring.

Canton of Veraquilon

(Edmonton and Area)

Dance/Fighter Practice, Arts and Sciences Classes, Tavern Night

Dance: 2nd and 4th Mondays of each month at 7:30 p.m. – 10 p.m.
Near Eastern Folk Dancing – 1st and 3rd Mondays of each month 7:00 – 10:00 p.m.

Fighter: Mondays, Heavy and Rapier at 6:30 p.m. – 10 p.m.
(Fighting will be outside, weather permitting.)

Arts and Sciences: 1st Monday of each month

Tavern Night: the first Wednesday of the month, 8:30 p.m.

Activity Locations:

Dance/Fighter Practices/A&S:

Strathern United Church basement,
95th Avenue and 86th Street

Tavern Night: Capilano Community League Hall, 10810 – 54 Street

Contact: Lady Gwynnaeth o Coedanue (Marsha Bremner, 478-1505)

BULLETIN BOARD

Congratulations Avacal

You sent your warriors to Crown and they made a good showing for themselves.

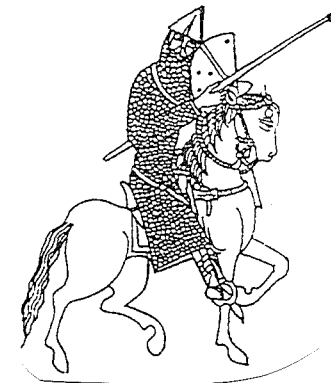
In Crown Tournament, Eric Shaverson, Squire to Viscount Sir Albrecht von Rugen, and Stein, Squire to Viscount Sir Vik Vikingson both placed 3rd in their Round Robin Erics....Ivar, Squire to Duke Rorik Gunnarson went on to the Semi-Finals..... I'm not sure if anyone else from Avacal entered the lists.....but I don't think so.

Squire Eric, Baron Gareth, Squire to Jarl Sir Barak and Squire Stein all fought in Squires Tourney.....and.....Stein won!!!!

And.....on a slightly different battlefield, Missy Morgan went to the Kingdom Laurel Council and said all the things she said she was gonna say.....and lightning did not strike her on the spot.
<grin>

I hope I got all of this right, and if I left any Avacalian honors out, I apologize....I just thought that SOMEONE ought to let you know that these people really made a good showing and deserve some congratulations.

Respectfully,
Meagwen



Our message to the populace:

Greetings unto Borealis from your Baron and Baroness!

We have had word from afar as to the schedule of events for the Avacal Coronet Tourney on June 4-6 and wish to pass the schedule on to those attending the event. May your trip be safe, happy and may it fulfill your hopes and dreams; and, pray Gods speed for your safe return to this Our fair Barony of Borealis.

Herewith, subject to Their Highnesses' final approval, is the tentative schedule of events for the 7th Avacal Coronet Tourney in Loch Dorr, 4-6 June A.S.XXXIV (1999)

Friday 4 June

5pm- Site opens (You may arrive earlier on this day if you wish).

Saturday 5 June

10am- Lists open.

Armour inspection opens.

Noon- Lists close.

Armour inspection closes.

Opening procession and opening court.

1pm- Coronet tourney begins.

1/2 hour after tourney ends, Investiture of Tanist & Tanista, and a court at which principality seneschal and arts & sciences minister change, etc.

??pm-If there is sufficient daylight left, a squire's tourney will take place. There may also be a rapier tourney.

Sunday 6 June

9am- Curia

5pm- Site closes.

Weather and runoff bulletins will be issued to the Common, but at present, there is supposed to be excellent weather for Coronet, and while runoff is still continuing, there is as yet no flooding affecting roads in our area. If there are any last-minute questions, please address them to Autocrat Thuirgud of the Mysts (Joseph Bechal) at 250-227-9205 Daoud will also be looking at e-mail until Friday morning.

John and Kirstin

Baron and Baroness of Borealis

DragonSlayer

June 19th, 1999 Calgary, AB

Good gentles! come one, come all to the glorious Barony of Montengarde to witness the trial by skill to choose the next DragonSlayer (Heavy Champion) and DragonBlinder (Light/Archer Champion)! There will also be a Rapier tourney and, of course, our famous "Flying Sheep Contest." If you own no winged sheep then bring your best trebuchet, catapult or ballista! There will be prizes for all contests, a feast in the evening, and refreshments available on-site during the day. Contact the autocrat for crash space or reservations.

Before May 31, 1999

Site Fee: \$5.00

Feast: \$8.00 (\$3.00 and \$5.00 respectively for smalls 10-15).

After June 1st

Site Fee: \$6.00

Feast: \$10.00 (\$4.00 and \$6.00 for smalls).

Nominal \$3.00 (site & feast) for all children under 10. Autocrat: Odli

Goodwater (mka Padraic Burke) Ph: 403-934-9216

email: Cirocco@bigfoot.com

Feastocrat: Viridis Aletha Solari (mka Morrigan O'Malley) Ph: 403-734-3867

Directions: Take your best route to the intersection of 16th Avenue and 68th Street NE. Turn Southbound onto 68th Street. Turn Left (Eastbound) onto Abbeydale Drive (at the Mac's store). Hall is on right hand side. 821 Abbeydale Drive NE.



To The Bitter End
June 11 – 13, 1999

Good gentles of Avacal and An Tir, the Shire of Bitter End invites you to share a weekend of fun and competition with them June 11-13th. The clash of steel will echo through the air as the Shire chooses it's first rapier champion. In keeping with Bitter End's mercenary tradition the tournament, run by Devon Macleod, is open to all.

The Shire of Bitter End and House Ice Tiger present "The Rivendell Challenge 'West'", based on the tournament designed by Master David McDougalls of the East Kingdom. This is a tournament for teams of no less than 3 and no more than 5 people per team. (This may be altered slightly if there are a large number of participants.) From each team 3 must shoot target archery, 1 must fight heavy, 1 must fight rapier, and 3 must submit an individual A&S project.

The tournament is designed to blend martial and non martial activities in the spirit of teamwork. Participants can form teams prior to arriving onsite or show up and join or form a team once there. Those planning to find a team onsite are advised to have an A&S submission handy since you may end up being one of the 3 contributors for your team regardless of any martial skills you have. The individual tournaments comprising the challenge will have separate prizes in addition to the challenge points so everyone is encouraged to enter whether they are part of a team or not.

In addition there will be archery workshops, practice, and instruction all weekend with Principality Champion HL Michael O'Byrne, Principality Royal Archer Master Douglas Cameron of Skye, Montengarde Champion HL Dalton Arundel, and Bitter End's Chief Branch Archer Murdoch Buchanan.

The weekend also features a variety of games and contests. A multi-remove feast featuring stuffed roast on a spit with a wide assortment of vegetable, fruit and deserts is planned for Saturday night. Bards, storytellers, and dancers are cordially invited to entertain us with your talents. Merchants are welcome and encouraged to come and tempt us with your wares.

For information on the challenge contact Dalton (Jim Martin) at (403) 275-0338 or e-mail jmartin4@telusplanet.net. **For information** on the rapier tournament contact Devon Maceod (Chris) at (403) 227-5507. A&S info contact Lyonet Lamoureaux (Lya Lamoureaux) at Tigress@telusplanet.net.

For reservations by phone contact the Autocrat, Brooke Seton at (403) 342-4086, or by email contact Lyonet at the address above. Event Fee(site fee): \$8.00 Feast: \$12.00 with advanced reservation, \$15 without.

Directions: Best way to Alberta highway 2 (The highway running from Calgary to Edmonton.) Take the Bowden turnoff for Red Lodge (Highway 587 West). Travel about 20 kilometers. Site is on South side of highway. Signs will be posted. Site opens Friday 5pm and closes Sunday at 5pm. Reservations are strongly recommended to ensure we have enough to feed everyone properly.

FROM THE CHRONICLER

This month of June hails the birth month of our revered Baron John MacLeod the Black. Best tidings to His Grace and many happy returns.

I must thank our sponsors of the Pirate Tavern that was held on June 2, 1999. Big Rock Breweries Ltd., Fort Edmonton Park, and Christie Brown & Co. Ltd. (a Division of Nabisco Ltd.) are our corporate sponsors for this event and there were numerous prizes donated by Barony members who wish to remain as silent patrons.

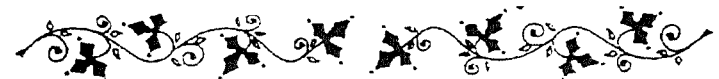
June has many events happening. We have Avacal Coronet in Loch Dor, June 5th and 6th; To The Bitter End, June 11-13; Dragon Slayer, June 19th, 1999 Calgary; and Quad War, June 24-27, Borealis. Every weekend booked what a difference from last month. And so the summer camping season begins

There is the first submission of a three-part article on "Anglo-Saxon Charms" and a new section on the "Pleasures of Food" this month. Our thanks to Lady Julianna for the hours of research that have gone into these works of art.

We hope to see everyone out and about over the summer season and really want to hear your stories and tall tales about your adventures.

*In Your Service,
and that of the dream,*

Lady Morgan of Devonview



And waste away like water in a bucket.
Become as small as a grain of linseed,
And far smaller also than a hand-worm's hip-bone,
And become even so small that thou become naught.

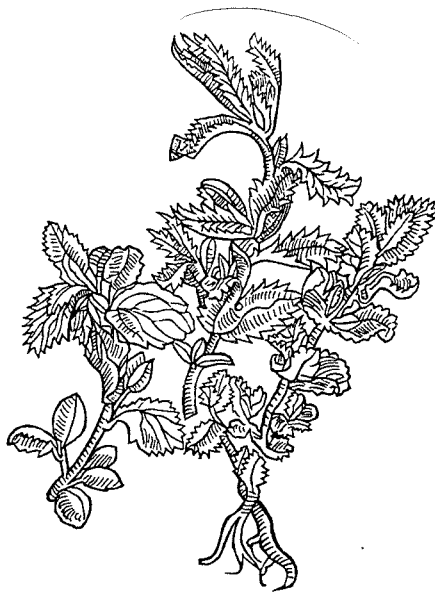
A wen is a benign tumor on the skin, especially of the scalp. The term "wen" was probably also used to describe a sebaceous cyst on the skin. It also was totally benign but somewhat unsightly, especially on the face. This kind of cyst is caused by a plugged gland and will eventually rupture; however, it can grow to an amazing size first.

This charm also used sympathetic magic. The "Doctor" or "exorcist" commands the wen to leave. Then, he uses a series of similes to suggest that the wen will shrink and shrivel away and eventually disappear.

And in most cases, it probably did. After all, nature cures and the doctor accepts the fee.

A Pictorial Record of Medicinal Herbs

Submitted by: Phil af Herrfjord



Mint

From the Groaning Board

The Groaning Board has had several requests for Baklava served at a feast a few years ago. This recipe freezes very well so it can be made well ahead and the cooks will have one less thing to do on the day of the feast. Enjoy.

Baklava

1 lb. Phyllo pastry
1 lb. Butter, melted
4 cups of nuts – walnuts and almonds. All nuts are chopped.
1 tbsp. Ground cinnamon
5 tbsp. Granulated sugar

Mix nuts, cinnamon and sugar together. Set aside.

Syrup:
3 ½ cups granulated sugar
½ cup honey
2 cups water
Juice of one lemon
1 cinnamon stick

Mix and boil syrup for about 20 minutes or until slightly thick. Set aside and let it cool. Cut the pastry in half. Work with half at a time, and work as quickly as possible. Cover with damp cloth to prevent drying out. Lay out phyllo sheets. Brush with melted butter. Cover with another phyllo sheet. Brush with melted butter. Place about 1 tbsp. Of nut mixture on one end of phyllo sheet. Roll up. Place seam down in buttered baking pan. Brush melted butter on top of baklava rolls.

Place baking pan in a preheated 325 degree oven. Bake for approximately 40 minutes or until golden.

Remove from oven and slowly pour the cooled syrup over the baklava while the baklava is still hot. Let the syrup soak thoroughly into baklava. Cut the baklava rolls in half with a sharp, serrated knife. Remove from pan and cover when completely cold. Makes about 45 pieces.

Lady Julianna